Pre-operative/Pre surgical Instructions

You have been scheduled for surgery:

DATE: ____________________________________________________________

TIME: ____________________________________________________________

HOSPITAL: _______________________________________________________

If for any reason you are unable to follow any of these directions listed below or if you have any questions please contact the surgery coordinator as soon as possible at (480)394-0200-- Lydia ext. 305 -- Candy ext. 203 – Shulove ext.____

You will need to check-in at the hospital 2 hours PRIOR to your SCHEDULED surgery time (please see above time and location).

Please be sure to bring a photo ID and your insurance card with you when you check in at the main lobby of the hospital.

Please do NOT eat or drink ANYTHING after midnight the day of your surgery. This includes water, chewing gum or any kind of candy.

If you are taking any herbal medication/over the counter vitamins such as Herbalife, Metabolite, golden seal, ginsing, ephedra, ginkgo, ginger, ST John’s Wort, fever few, garlic, licorice, valerian, hydroxycut, Echinacea, Kava Kava and/or MaHuang, are NOT to be taken within 10 days of your surgery. Please notify the surgery coordinator if you are taking any of these.

If you take a blood thinner medication such as Coumadin, Plavix or any other blood thinning medications (ie. Aspirin, Ibuprofen, NSAIDS, Vitamin E) you will need to stop taking them 7 days prior to surgery.

If you are taking medication for Diabetes please discuss these medications with the surgery coordinator.

If you are on medication for high blood pressure you may take it the morning of your surgery with a sip of water.

If you are having same day surgery (going home the same day) you must have someone available to take you home when you are discharged from the hospital. The hospital will not discharge you unless there is someone there to take you home.